

Quick PRODUCT GUIDE

SINGLE OILS

- **Arborvitae** Protects against environmental and seasonal threats, powerful cleansing agent
- **Basil** Mental alertness & focus*, ease monthly feminine discomfort*
- **Bergamot** Calming & soothing, self-acceptance
- **Birch** Soothing & warming sensation, reduce blemish appearance
- **Black Pepper** Antioxidant source*, healthy circulation*
- **Cardamom** Gastrointestinal health*, respiratory health*
- **Cassia** Cardiovascular health*, healthy immune support*
- **Cedarwood** Relax the mind & body, improve skin appearance
- **Cilantro** Cleansing & detoxifying*, assist with digestion*
- **Cinnamon** Healthy immune system*, support healthy metabolic function*
- **Clary Sage** Soothing menstrual massage, restful sleep, healthy hair & scalp
- **Clove** Clean teeth & gums, fresh breath, antioxidant*, cardiovascular health*
- **Coriander** Promote digestion*, maintain clear complexion, relaxation
- **Cypress** Promote vitality & energy
- **Dill** Support digestion & overall GI health*, purifying to the body's systems*
- **Douglas Fir** Promotes feelings of clear airways & easy breathing, renewing, uplifting
- **Eucalyptus** Invigorate & promote vitality, clear the mind
- **Fennel** Healthy digestion*, healthy metabolism*, liver function*, circulation*, healthy lungs*
- **Frankincense** Focus your intention, healthy cellular function*, relaxation & mood balance
- **Geranium** Beautify skin, naturally repels insects, calming, grounding effect
- **Ginger** Healthy digestion*, reduce bloating, gas, occasional indigestion*, occasional nausea*, equilibrium
- **Grapefruit** Motivation, healthy metabolism*, uplifting fragrance
- **Hawaiian Sandalwood** Promote relaxation, reduce stress, meditation
- **Helichrysum** Glowing, youthful complexion, vitality & energy, healthy metabolism*
- **Juniper Berry** Healthy kidney & urinary tract function*, cleansing & detoxifying agent*, reduce blemish appearance
- **Lavender** Calming & relaxing, reduce appearance of skin imperfections, restful sleep, soothe skin irritations
- **Lemon** Cleanses & purifies air, positive mood, healthy digestion*, assist seasonal respiratory discomfort
- **Lemongrass** Refreshing, tone & purify skin, naturally repels insects
- **Lime** Healthy immune function*, positive mood, emotional balance, antioxidant support*
- **Marjoram** Nervous system, healthy immune function*, stress, healthy cardiovascular system*, calming nervous system*
- **Melaleuca** Cleansing & rejuvenating on skin, healthy immune system*, shoe refresher
- **Melissa** Calms tension & nerves, emotional health, promotes relaxation
- **Myrrh** Mouth & throat cleanser, emotional balance, smooth skin
- **Oregano** Healthy immune system*, antioxidant source*, healthy digestion* & respiratory function*
- **Patchouli** Reduce blemish appearance, grounding & balancing emotions
- **Peppermint** Energy, digestion, fresh breath, relieves feelings of tension
- **R. Chamomile** Calming*, healthy immune function*, soothe anger & irritability
- **Rosemary** Healthy respiratory function*, healthy digestion*, reduce nervous tension & occasional fatigue
- **Sandalwood** Enhance mood, lessen tension
- **Spearmint** Supports healthy digestion*, oral health*, energizing, promotes sense of clarity & focus*, supports healthy respiratory activity*

- **Thyme** Alertness, purify skin, healthy immune system*
- **Vetiver** Emotional calming & grounding, relaxation, healthy immune support*
- **White Fir** Energy & empowerment, stability, soothing and comforting
- **Wild Orange** Energizing & revitalizing, cleanser & purifying, healthy immune system*
- **Wintergreen** Soothing & warming sensation, reduce blemish appearance
- **Ylang Ylang** Healthy, shiny hair, positive outlook, antioxidant support*, calming & uplifting

SIGNATURE OIL BLENDS

- **AromaTouch** Comforting & relaxing
- **Balance** Relaxation, grounding, ease anxious feelings
- **Breathe** Maintain feelings of clear airways & easy breathing, restful sleep, minimizes seasonal threats
- **Citrus Bliss** Reduce stress, uplift mood
- **ClaryCalm** Balance mood, calm, cool
- **Cheer** Promote feelings of bright disposition, cheerful attitude and positivity
- **Console** Promote the release of grief & worry; support feeling comforted & settled
- **DDR Prime** Supports healthy cellular integrity*
- **Deep Blue** Soothing massage
- **DigestZen** Promotes digestion*, healthy gastrointestinal tract*, ease queasiness*
- **Elevation** Confidence & self-worth, lessen stressful feeling, elevate mood, promote vitality
- **Forgive** Promote feelings of liberation from anger & guilt to let go, move forward relieved & renewed
- **Immortelle** Reduces appearance of fine-lines & wrinkles, radiant, youthful skin
- **InTune** Enhance & sustain sense of focus
- **Motivate** Support feeling belief, trust, confidence in self to encourage productivity
- **On Guard** Healthy immune support* & respiratory function*, protect against environmental threats*
- **Passion** Stimulate feelings of excitement, willingness to take risks & make discoveries
- **PastTense** Calms emotions, soothing sensation, cooling
- **Peace** Promote the release of feelings of restless & overwhelmed and encourage composure
- **Purify** Soothe skin irritations, eliminate odor & freshen air
- **Serenity** Calming, restful sleep, relaxation
- **Slim & Sassy** Healthy metabolism*, lifts mood, calms stomach*, manage food cravings*
- **TerraShield** Effective insect repellent
- **Tri-Ease** Seasonal protection*, promotes clear breathing*, healthy respiratory function*
- **Whisper** Promotes calming emotions, accentuate body chemistry, entices senses
- **Zendocrine** Purify & detox*, supports healthy liver function*, delivers antioxidants*

WELLNESS

- **Alpha CRS+** Mental clarity & brain function, healthy cellular immune function*
- **AZZ Chewable** Healthy cell development*, overall health & wellness*
- **Bone Nutrient** Healthy bone support*, mineral complex
- **DDR Prime** Healthy cellular integrity*, protects against oxidative stress*
- **Deep Blue Complex** Soothes aches & discomfort*, supports muscles & joint comfort*
- **Digest Tab** Promotes digestion*, eases queasiness*
- **Fractionated Coconut Oil** Soothing barrier, facial moisturizer
- **GX Assist** Healthy digestive system*, natural cleanse*
- **IQ Mega** Healthy cardiovascular, nervous and immune system function*, support joints*
- **Lifelong Vitality** Triple nutrient combination
- **Microplex MVP** Vitamin & mineral support, support metabolism & cellular energy*

- support healthy digestion* & immune*
- **Mito2Max** Extra energy boost*, healthy cellular energy production*
- **On Guard Softgels** Fortifies healthy immune system*, healthy respiratory function*
- **PB Assist** Healthy digestion* & immune system*
- **Phytoestrogen** Support normal hormone levels*, support menstrual cycle*
- **TerraGreens** Essential nutrients, immune & digestion health*
- **TerraZyme** Healthy digestion*, enhance body's natural digestive processes*, speeds conversion of food to cellular energy*
- **Trim Shake** Low-fat, low-calorie, high-fiber, high-protein, helps control cortisol release
- **V Shake** Vegan formula of Trim Shake
- **Vegan LLV** Vegan formula of LLV
- **xEO Mega** Healthy function of brain, eyes, & nervous*, cardiovascular & immune systems*
- **Zendocrine Complex** Purify & detox*, supports liver, kidney's, colon, lungs, and skin*

SPA

- **Citrus Bliss Bath Bar** Invigorating bath bar
- **Citrus Bliss Hand Lotion** Invigorating lotion
- **Correct-X Essential Ointment** Soothe, hydrate
- **Hand & Body Lotion** Base lotion to add oils to
- **HD Clear** Roll On, Facial Lotion, Foaming Face Wash Promotes a clear, healthy looking complexion
- **Lip Balm with Peppermint & Wild Orange**
- **Natural Deodorant** Alcohol free & aluminum free
- **Reveal Facial System** Essential oil-infused facial
- **Salon Essentials Healthy Hold Glaze, Root to Tip Serum, Protecting Shampoo, Smoothing Conditioner** Essential oil infused hair care
- **Serenity Bath Bar** Calming bath bar
- **Verage** Cleanser, Toner, Moisturizer, Hydrating Serum All natural skincare

LIVING

- **Breathe Drops** Clear airways and breathing*, respiratory health*
- **Breathe Vapor Stick** Maintain feelings of clear airways & easy breathing, restful sleep, minimizes seasonal threats
- **Deep Blue Rub** Soothing lotion
- **On Guard Whitening Toothpaste** All natural toothpaste
- **On Guard Throat Drops** Immune health*
- **On Guard Foaming Hand Wash, Cleaner**
- **On Guard Laundry Detergent**
- **Aroma Ace, Aromalite, Lotus, Petal Diffuser** Diffusers for aromatic use
- **Veggie Caps** Empty vegetarian gel capsules
- **Slim & Sassy Control Bars** (Apple, Lemon, or Apricot) manage weight, promote appetite control*
- **Slim & Sassy Control Instant Mix** Control & reduce appetite*

Key: Product specialty area highlighted in corresponding color.



dōTERRA's Wellness Pyramid

Also available in: **B** Beadlet **S** Softgel **R** Roll on

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.